

We Would Like Your Input...

As I mentioned in the last Echoes newsletter, we are preparing to do another CD. This is where you come in. Would you like a CD that has A) Current popular quartet songs, B) Older popular quartet songs, C) Older Hymns, D) Older Hymns Acappella. Are there songs in particular you would like to hear the Echoes do? Email us at: dalemcbride@calvaryechoes.com, or DeToons@sbcglobal.net and let us know what you think. We want this CD to be a blessing to everyone. Thank you in advance for your input. We will compile all the data and try to make choices that will be a blessings to all!

The truth is one thing for which there are no known substitutes.

Some of us are dieting...here are some rules for you to go by...

If you eat something and no one sees you eat it, it has no calories.

If you drink diet soda with candy bars, the calories in the candy bar are cancelled out by the diet soda.

When you eat with someone else, calories don't count as long as you don't eat more than they do.

Food used for medicinal purposes never counts, such as hot chocolate, toast, and Sara Lee cheesecake.

If you fatten up the people around you, then you look thinner.

Cookie pieces contain no calories. The process of breaking cookies causes caloric leakage.

UPCOMING EVENTS

Saturday March 31 - 10:00 A.M.

First Baptist Church
Oswego, KS 67356

Sunday April 1 - 11:00 A.M.

Heartland Worship Center Church of God
Topeka, KS. 66616

Sunday April 1 - 6:00 P.M.

First Church of the Nazarene
Lawrence, KS 66046

Saturday April 7 - 7:00 P.M.

First Baptist Church
Eureka Springs, AR 72632

Sunday April 8 - 10:00 A.M.

Riverview Fellowship Church
Fort Smith, AR 72914

Sunday April 8 - 6:00 P.M.

Church of God
Fort Smith, AR 72901

Please feel free to contact us at:
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dalemcbride@calvaryechoes.com
Or visit our website at:
www.calvaryechoes.com.

MISSION STATEMENT

A QUARTET with Powerful God-given talent (we acknowledge the Source)....
A MINISTRY of soul-searching music (you won't go away unmoved)....
And COMPELLING personal stories (come for these if nothing else)....